

# BLACK MOBILE UNIT

The BLACK Mobile Health Unit is a community health and training vehicle designed to serve Black birthing persons, babies, and doulas.

The unit is equipped to:

- Train doulas with state of the art technology
- Provide direct community care for Black women and babies in the neighborhood



## HEALTH POP-UPS FOR BLACK WOMEN & BABIES

Our Mobile Unit is **out in the community to host regular pop-ups for Black families.** We provide a variety of support, including health education, screenings, COVID-19 testing, lactation consultations, **safe sleep education**, and more!



## TEACHING DOULAS IN A DELIVERY ROOM-LIKE SPACE

The inside of the BLACK Mobile Unit **models an exam room to teach doulas in a realistic setting.** Doula candidates will be able to practice their skills through being exposed to hospital situations, including birth scenarios, delivery room equipment, and care concepts.

## OLIVIA - THE BLACK BIRTHING SIMULATOR

Olivia "Liv," a state-of-the art birthing simulator, **provides community and doulas-in- training with life-like experiences.**

Liv helps visualize pregnancy stages, birth, and body changes. Liv helps doulas practice necessary skills including comforting measures, practice birth positions, pain relief, advocacy skills, emotional support, caring for baby and more.



## SUPPORT THE WORK

BLACK Wellness & Prosperity Center strives to give all women, babies, and families in Fresno real, equal opportunities to thrive. Consider becoming a supporter of our work.



Support BWPC by donating to us here: [bit.ly/BLACKdonate](https://bit.ly/BLACKdonate) or at the QR code provided.

## BECOME A DOULA

Through the support doulas provide, we can improve health outcomes for Black mothers and babies. Our mobile unit is a part of the missing infrastructure which prioritizes the needs of pregnant persons, babies, and doulas.

Get more info and complete the doula interest form here: [www.blackwpc.org/black-doula-network](https://www.blackwpc.org/black-doula-network)