

ABOUT BWPC

BWPC exists to unapologetically serve the unmet needs of Black women and babies.

Our mission is to be a catalyst to improve well-being, prosperity, and Maternal and Child Health outcomes in the Black community, effectively unite and elevate the Black voice, and build sustainable infrastructure to strengthen Black capacity.

OUR VISION

- **No Black woman will die from a preventable childbirth related death.**
- **No Black woman will deliver a preventable premature birth.**
- **No Black baby will die from a preventable cause.**

BLACK DOULA NETWORK

Established by BWPC, the BLACK Doula Network (BDN) is a Fresno based social-enterprise designed to (1) create a doula-provider workforce to address the doula provider deficit, (2) build the missing backbone infrastructure needed to support and sustain doulas, and (3) provide birthing persons with access to care services demonstrated to improve Black birth outcomes

FINANCES

Scholarship/reduced fee or waiver may be available for community members on a needs basis. Scholarship includes fee waiver and additional resources.

HOW TO APPLY

Apply at bit.ly/bwpc-doula-app-2 or at the QR-code. If you're interested in the program or still have questions, don't hesitate to reach out to us.



OUR PARTNERS



BWPC DOULA TRAINING

-  www.BLACKwpc.org
-  info@black-enterprises.com
-  facebook.com/blackwpcfresno



ABOUT THE TRAINING

Doula support can make a significant difference in pregnancy and birth experience!

The BLACK Doula training program is designed for those who want to make a difference in Fresno's Black community through doula work. Doulas trained in our program will be equipped to provide culturally responsive non-medical support to pregnant persons and their families during pregnancy, birth, and postpartum (after delivery period).

Women, especially Black women with culturally sensitive doula support experience more positive pregnancy outcomes including:

- Lower rates of delivering preterm
- Lower rates of unnecessary C-sections
- Lower rates of postpartum depression
- Initiate breastfeeding at higher rates and breastfeed their babies longer

Info about our next cohort in 2023 coming soon!
Follow us:

-  facebook.com/blackwpcfresno
-  [@black_wpc](https://instagram.com/black_wpc)
-  [@blackWPCenter](https://twitter.com/blackWPCenter)
-  linkedin.com/company/black-wellness-prosperity-center

WHAT YOU WILL LEARN

We equip doulas with the knowledge and practical experience necessary to provide physical, emotional, and educational support to pregnant persons and be a valued member of the birthing team.

State-of-the-art doula training experience: Doulas train with OLIVIA, "LIV", our high-fidelity, full-body-sized female patient care simulator. Olivia's look is inspired by Black women in Fresno.

LIV moves her eyes, talks, and demonstrates breathing, heartbeat, and various vital functions and health conditions. She gives birth to her babies, Akilah and Neema through vaginal or Cesarean delivery.

Pictured: A doula trainee practicing support skills with our simulator "Liv"



TRAINING PILLARS

EQUITY:

Be sensitive to the needs of Black women and babies to help them achieve their full health potential

COMMUNITY:

Unapologetically focus on Central Valley's Black community.
Healthy Women, Healthy Neighborhoods, Healthy Babies.

TRANSFORMATIVE:

Get high-quality and practice-oriented doula training informed by Black maternal health experts.

"As a doula, I am not a medical doctor, there are many questions that I cannot answer. But I can help provide a starting point to really be able to ask those questions and to know that this is your pregnancy, it is your body."

BREYONNA GAINES-BARRETT, FULL-SPECTRUM DOULA, BWPC ADVISORY COUNCIL MEMBER

HOLISTIC:

Get additional certifications including - Safer Sleep Educator and Lactation Consultant - in addition to your doula certificate while completing our program.

DOULA GROWTH AND PROFESSIONAL PROSPERITY:

Learn to navigate the processes of both Medi-Cal reimbursement and private doula practice. Share your doula journey with others. Learn self-care practices and build your circle of support as you progress in your doula journey.